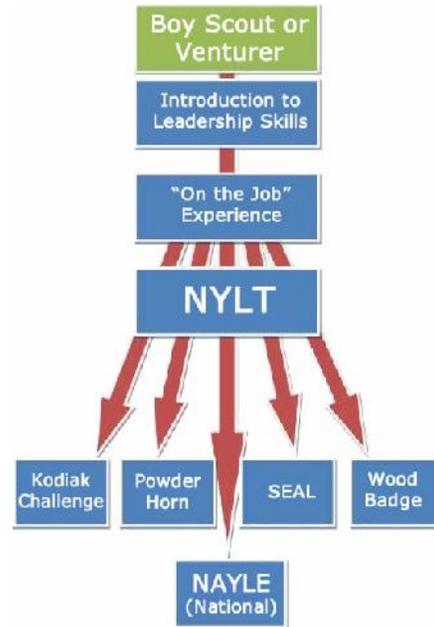


## Youth Leadership Training Overview

The National Youth Leadership Training (NYLT) course is a co-ed council level advanced leadership training course developed by the Boy Scouts of America. NYLT is just one level of a well planned Youth Leadership Training Continuum developed for youth leaders by the BSA.

This continuum of youth leadership training begins at the unit level with Introduction to Leadership Skills for Troops/Crews (ILST/C) being conducted by the Unit Leader and other youth leaders. In the unit level course youth have their initial exposure to the leadership and team development concepts that are further developed in the NYLT course. After NYLT is attended at the council level, participants can attend the National Advanced Youth Leadership Experience (NAYLE) conducted by the Boy Scouts of America at the Philmont Scout Reservation located in New Mexico. Attendance at NAYLE expands the leadership skills taught at the unit level and NYLT taught at the council level by bringing a new important focus on servant leadership into the learning experience.

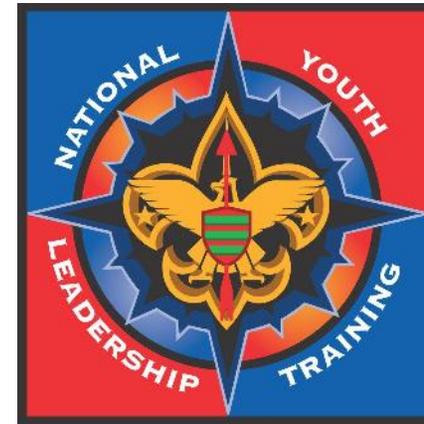


At each level of the youth leadership training continuum the leadership skills being taught give each Scout or Venturer new tools of leadership to apply in Scouting and other aspects of a Scout's life. Over time the leadership skills actually become life skills that assist in finding one's own level of personal success.

### Co-Ed

Including Venturer participants creates a course environment with co-ed participants and youth staff. All BSA youth protection policies for a course with male and female participants and staff will be followed.

# A How-To Guide For Adults



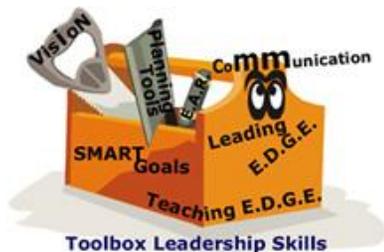
**Wanting To Support Graduates  
Of  
National Youth Leadership  
Training**

**"Scouting Builds Future Leaders."**

Los Padres Council, BSA  
National Youth Leadership Training

**"If You Can See It, You Can Be It"**

## Memory Tips “Toolbox” of Skills



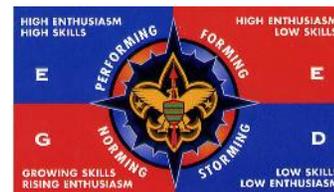
- **Vision – Goals – Planning**  
Creating a positive future
- **Vision**  
What future success looks like
- **Goals**  
The Steps you take to fulfill a vision
- **Planning**  
A means of efficiently reaching your goals
- **SMART Goals**  
Specific, Measurable, Attainable, Relevant, Timely
- **Planning and Problem Solving**  
What, How, When, Who
- **SSC Assessment Tool**  
Start, Stop, Continue
- **Leading EDGE**  
Explain, Demonstrate, Guide, Enable
- **Teaching EDGE**  
Explain, Demonstrate, Guide, Enable
- **Stages of Team Development**  
Forming, Storming, Norming, Performing
- **Conflict Resolution Tool-EAR**  
Express, Address, Resolve
- **Ethical Decisions**  
Right vs. Wrong, Right vs. Right, Trivial
- **Communication - MaSeR**  
Message, Sender, Receiver
- **Valuing People - ROPE**  
Reach Out, Organize, Practice, Experience

**“EVERY SCOUT DESERVES TO BE TRAINED AS A LEADER.”**

## How To Ideas

How can you support your NYLT graduate after the course is complete? Here are some ideas for parents and Unit Leaders to consider.

Each NYLT participant receives a three ring binder containing all the course information taught during the week at NYLT. They also receive a memory-tips card. It looks like this.



These items could easily be put away on a shelf, there ready and waiting for that moment when they can be used as reference documents for the leadership skills taught during the week at NYLT. We hope they are used in just that way and used often.

### Ways to support & help your Scout/Venturer

- Ask your Scout/Venturer questions about what he learned at NYLT!
  - ⇒ Ask, “Why it is important to first, lead yourself?”
  - ⇒ Ask, “What is your current personal vision?”
  - ⇒ Ask, “Why it is important to have fun?”
- Review the participant syllabus & memory-tips card with your Scout.
  - ⇒ Ask your youth to explain anything you do not understand.
- Ask how these new leadership skills will be used:
  - ⇒ As a leader in his Crew, Troop, team or Order of the Arrow
  - ⇒ As a student
  - ⇒ As a member of a social club or sports team
  - ⇒ As a member of his family
- Suggest areas where leadership skills can be used in his life.
  - ⇒ Eagle Scout service project
  - ⇒ School research papers
- Support and guide your youth as they build confidence in their new leadership skills. Tell your youth when they are doing well.
- Encourage your Scout to seek leadership opportunities.
- **Encourage your Scout/Venturer to serve on the NYLT staff.**